



INDIAN

Kwality Starters

Sabzi Samosa (4pcs) (v) **6**
Classic style vegetable samosa, masala ketchup

BBQ Chicken Wings **9**
Original butter masala sauce

BBQ Paneer Tikka (v) **8**
Original butter masala sauce

First Class Sliders & Pao Buns

Butter Chicken Burger **10**
Grilled tandoori chicken, butter masala, pickled onion salad, green chutney

Wagyu Keema Pao (2pcs) **11**
Masala wagyu keema, buttered pao bun

Tandoori Gobhi Aloo Slider (v) **6**
Spiced potato, cauliflower and cheese patty, Hero chilli-garlic salt, pao bun

Swaad Sides

Masala Tots (ve) **5**
Chaat masala, masala ketchup (+ Add wagyu keema 4.5)

Masala Paratha (v) **2.75**
Chaat masala

Thalis

Hero Thali **17.5**
Butter chicken burger, sabzi samosas, wagyu keema tots, chutneys

Hero Veg Thali (v) **17.5**
BBQ paneer tikka, tandoori gobhi aloo slider, masala paratha, sabzi samosa, chutneys



MEXICAN

Snacks

Guacamole & Chips (v) **6**
Salsa macha

Salsa & Chips (ve) **5**
Chile güerito

Seafood

Sea Bass Ceviche Tostada **10**
Avocado, salsa negra

Prawn Aguachile Verde **13**
Totopos, cucumber, onion, salsa negra

Tacos

+ Add cheese crust 1

Beef Suadero **6**
Confit brisket, onion, cilantro, salsa roja

Pork Carnitas **6**
Slow-cooked shoulder, pickled onion, coriander, salsa verde

Nopales (v) **5**
Caramelised onion, grilled cactus, pico, cheese, salsa verde

Quesadillas

Lamb Birria **10**
Braised shoulder, cheese, consommé

King Prawn Gobernador **10**
Cheese, salsa roja



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INDONESIAN

Snacks & Salads

Sate Marrangi (5pcs) **10**
Grilled beef sate, peanut sauce, chilli

Mixed Vegetable Salad (ve) **7**
Coconut and chilli dressing

Plates

Crispy Smashed Chicken Leg **15**
Red sambal, turmeric rice, vegetable pickle

Crispy Smashed Duck Leg **18.5**
Green chilli sambal, turmeric rice, vegetable pickle

Grilled Aubergine & Crispy Tofu (v) **15**
Red chilli sambal, turmeric rice, vegetable pickle, egg



AMERICAN

Feature Burger

Austin BBQ Chicken Bun **11**
BBQ sauce, creamy slaw, smoked cheese, onion, pickle

Burgers

Smash Burger **10**
Smashed patty, American cheese, mustard, ketchup, mayo, pickles, diced onions

Hot One **10**
Smashed patty, pickled jalapeños, Manna sauce, hot oil, double cheese, pickles

Vegan Burger (ve) **10**
Simplicity Burger, potato bun, cheese, vegan mayo, mustard, ketchup, triple shallots

Fried Chicken

Chicken Sandwich **9**
Crispy chicken, mayo, pickles

Jalapeño Popper Fried Chicken Bun **10**
Hot honey, cream cheese, pickles

Nashville Hot Chicken Bun **11**
Cayenne-dipped fried chicken, cheese, Manna sauce, lettuce, pickles

Nashville Hot Tenders (3pc) **10**
Pickles, jalapeño cream

Sides

Waffle Fries (v) **5**
Manna seasoning, ketchup, mayo

Platters

Single Manna Platter **15**
Choice of burger, waffle fries, Nashville tender, pickles

Double Manna Platter **30**
Choice of 2 burgers, waffle fries, Nashville tenders, pickles



NEPALI

Aloo Nimki (v) **6.5**
Carom crackers, ratte potatoes, chickpea sauce, yoghurt, mint

Squid Tareko **9**
Crispy spiced squid, timmur, roasted tomato, cashew

Grilled Lamb Belly Choila **11**
Mustard oil, tomato

Crispy Pork Noodles **10**
Mustard greens, sesame, soy, chilli

Chicken MO:MO (3pc/5pc) **7.5/10**
Steamed chicken MO:MO, jhol, chilli oil

Vegetable MO:MO (ve) (3pc/5pc) **7.5/10**
Steamed shitake and cabbage MO:MO, tomato and sesame achar, chilli oil

Tipan Tapan Thali For One **15**
Vegetable MO:MO, aloo nimki, squid tareko, lamb choila



MIDDLE EASTERN

Mezze

Barbari Bread (v) **3**
Ren's green za'tar, Glastonbury butter

Hummus (ve) **6**
Norfolk chickpeas, tahina, confit garlic, tomato (+ Add shawarma meat 2.5)

Baba Ganouj (ve) **6**
Coal-cooked aubergine, Romano pepper, tahina

Falafel (ve) **7**
British chickpeas & fava beans, parsley, tahini, lemon

Fattoush Salad (ve) **6**
Crispy khobez, fig leaf vinegar

Lebanese Gunpowder Fried Potatoes (v) **6**
Shallot, pimento, labneh

Asha

Shawarma Wrap **11**
Chicken shawarma, khobez, hummus, toum, tomato, red onion, salted cucumber, parsley

Falafel Wrap (ve) **10**
Chickpea and fava falafel, khobez, tahina, toum, tomato, red onion, salted cucumber, parsley



VIETNAMESE

Bánh Mi

All made with butter mayo, coriander, spring onion, chillies and pickles

Breakfast Bánh Mi served until 4pm **7.5**
Crispy fried egg, double 5 spice pâté

Special Bánh Mi served from 12pm **10.5**
Pâté, red roast pork, headcheese

Tofu Bánh Mi (v) **served from 12pm** **8.5**
Fried tofu, spiced salt



JAPANESE

Salads & Snacks

Edamame (ve) **4.5**
Choice of yuzu salt or wasabi sauce

Baby Spinach Salad (ve) (sml/lrg) **7.5/10**
Daikon, vermicelli, saikyo miso dressing

Crispy Prawns **8**
Aonori, yuzu kosho mayo

Avocado Chirashi Bowl (ve) **9.5**
Sesame, nori, sweet soy (+ Add salmon sashimi 5)

Tuna Tartare Hand Roll (3pc) **10**
Pickled daikon, zuke soy, wasabi

Rolls & Sushi Sandos

Salmon Maki Roll (8pc) **12**
Tosazu jelly, crispy fried onions

Tuna Maki Roll (8pc) **15**
Truffle ponzu jelly

Avocado Maki Roll (8pc) (v) **10**
Sun-dried tomato, edamame

Salmon Sando (2pc) **9**
Jalapeño, yuzu tobiko

Tempura Prawn Sando (2pc) **9**
Pickled kumquat, sweet mayo

Omakase by Sushi Kamon

Ask the team about our bookable Omakase counter experience.

Trifles 9

Chocolate Sundae
Brownie, vanilla, crispy cocoa, glacé cherry on top

Mango Colada
Coconut, lime, passionfruit

Strawberries & Cream
Vanilla, crunchy meringue, fresh strawberry

Ice Cream & Sorbet Scoops 2.5

Dark Chocolate Ice Cream / Vanilla Cardamom Ice Cream / White Chocolate Ice Cream / Strawberry Ice Cream / Passionfruit Sorbet (ve option)

Jelly Shots 5

Berrylicious / Mango Colada / Chocolate Old Fashioned



BENHAM & FROUD
JELLY & ICE CREAM

(ve) - Vegan (v) - Vegetarian

Kid's menu available on request. A discretionary 12.5% gratuity will be added to your bill. All prices include VAT. Please note that last food orders from our kitchens are taken 45 minutes prior to closing time.